

Moving in or out of Cambridge?



Renovating your place?



Make your move
or renovation project
easier.



www.cambridgema.gov/theworks
617.349.4800

*Donate it.
Rent it.
Repair it.
Buy it used ...*

Residents moving into or out of Cambridge often throw items out that are still in good condition. This is wasteful and costly for the City.

Your efforts will help protect public health and wildlife by reducing pollution and preserving natural resources.

DON'T THROW IT AWAY...
donate it!

Reduce waste and give your stuff a second chance!

Donate what you don't need or want, repair stuff that's broken, and recycle as much as you can.

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An A-Z list of materials with information on where to donate unwanted items such as furniture, building materials, and electronics. Answers to your recycling questions about odd materials.

Before you move:



Recycle. It's easy and required by law.

Do your part and recycle all paper waste, cardboard, and plastic, metal, and glass containers. See the enclosed Recycling & Trash Guidelines or visit our website.

PACKING PAPER AND MOVING BOXES:



Use old newspaper to wrap delicate items and save money!

Get boxes from supermarkets or liquor stores.



ELECTRONICS:



Plan ahead if you are getting rid of an old computer or TV. Find a donation outlet in our online Donate & Recycle listings. See enclosed Recycling & Trash Guidelines for curbside pickup information.

After you move:

PACKING PAPER, BUBBLE WRAP, PEANUTS:

Recycle packing paper in paper bags for curbside pickup or bring to our Recycling Drop-Off Center during open hours. Look under



"Packaging" in the yellow pages for businesses that ship products. Many will take bubble wrap and peanuts for reuse. Bubble wrap and packing peanuts are accepted at our Recycling Drop-Off Center during open hours.

After you move:

CARDBOARD BOXES:

City trash crews will not pick up clean cardboard; it must be recycled. You have three options to recycle your clean boxes:

1. *Recycle Cardboard for Curbside Pickup*



Flatten & cut to 3' x 3' no larger. Secure it under a bin, between bins, or tied up.

2. *Recycle Cardboard at our Drop-Off Center*

No need to cut it down or flatten it!

Bring during open hours only: Tues/Thurs 4-7:30pm and Sat. 9-4pm, 147 Hampshire in the rear of the Public Works yard.

3. *Call "Save That Stuff" for Large Quantities*

For less than \$30, call (617) 241-9998 for a curbside pickup. No need to flatten or cut it.

Donate What You Don't Want

Donate!

- Clothing
- Furniture
- Electronics
- Books

GIVE UNWANTED STUFF A SECOND CHANCE.



Check the yellow pages under "*Social and Human Services Organizations*" for places that accept donations.

Have a yard sale and make a few bucks!



Post items for free or sale on ebay, www.freecycle.org, www.boston.craigslist.org, or in the newspaper's classified section.



Be Bed Bug Aware:

Bed bug infestations in the U.S. have recently increased. Do not donate infested items. When buying used items, look under folds in luggage, along mattress seams, and in between bedposts and bed slats. Although bed bugs are small, they can be readily seen with the naked eye. They are about 1/5 of an inch, wingless, oval and flattened in appearance and crawl at a steady rate. Visit www.cambridgepublichealth.org for more information.

Donate What You Don't Want



Visit our online
DONATE
and
RECYCLE
Listings

www.cambridgema.gov/theworks

An A-Z list of materials with information on where to donate unwanted items such as furniture, building materials, and electronics. Answers to your recycling questions about odd materials.

DONATE UNOPENED FOOD AND TOILETRIES



These local homeless shelters and food pantries accept donations. Call first.

The First Parish, (617) 876-7772
www.firstparishcambridge.org

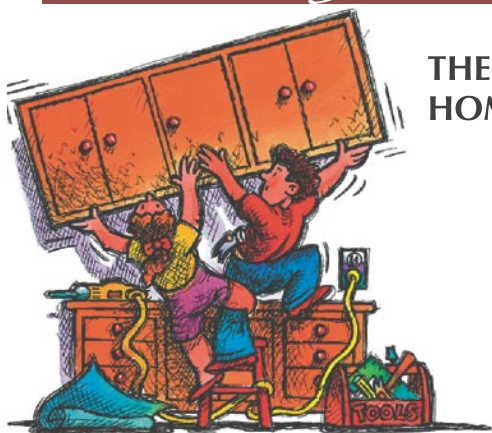
Bread and Jams, (617) 497-9200
www.breadandjams.org

Food Not Bombs, (617) 522-8277
www.foodnotbombs.net

Rosie's Place, (617) 442-9322, www.rosies.org

The Women's Lunch Place, (617) 267-1722
www.womenslunchplace.org

Renovating Your Place?



THE CITY DOES NOT PICK UP HOME RENOVATION WASTE:

- Bathtubs
- Floor Sandings
- Kitchen Cabinets
- Pipes
- Sawdust
- Soot
- Sheetrock

Contractors are required to haul away the debris. If you are doing the work yourself, call a private hauler and try donating materials in good condition.

DONATE UNWANTED APPLIANCES AND BUILDING MATERIALS

These organizations sell donated items to the public at low prices:

- Building Materials Resource Center, (617) 442-8917, www.bostonbmrc.org (Great list of what is accepted.)
- Boston Restore, (617) 288-8400, www.bostonrestore.org



IF YOU NEED A DUMPSTER:

Most private haulers rent 10-30 cubic yard dumpsters and provide a pickup within 24 hours of your request. To place a dumpster on the street, you must obtain a dumpster permit from the City beforehand. To apply for a permit online, visit www.cambridgema.gov/traffic and click on permits. Call (617) 349-4721 if you need more information.

Save money by renting tools at local hardware stores!



Renovating Your Place?

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IF YOU ARE DOING THE RENOVATIONS...

You must call a private hauler to take away the renovation waste generated. The City will **only** pick up carpet (cut, rolled and tied), one 2'X2' bundle of lumber, and one toilet or one sink per week with the trash.

Here are a few waste haulers to call. Call ahead for drop-off hours:

- McGeoghean Waste Systems, (617) 547-2595
- Jet-A-Way Recycling, (617) 541-4000,
Drop-off at 47 Kemble Street in Roxbury
- CJ Mabardy, (617) 354-7580,
Drop-off at 50 Mooney Street in Cambridge
- Empire Recycling, (978) 670-7140
- We Get Rid of It, (866) 952-8400

IF YOU HAVE HIRED A CONTRACTOR TO DO THE RENOVATIONS...

Contractors understand that taking renovation waste is their responsibility since it is not “household trash” and will not be collected by the City. Tell them that it is important that they dispose of it responsibly to protect public health, safety, and the environment.



*Buy only as much paint as you need.
For disposal info, see the enclosed
Recycling and Trash Guidelines.*

Clean Out Household Hazardous Waste

DO NOT THROW OUT HOUSEHOLD HAZARDOUS WASTE.

Bring it to the next collection event to ensure proper disposal. See our Recycling & Trash Guidelines for accepted materials.

Hazardous Waste Days are held in April, June, and October. Visit our website or call (617) 349-4800 for exact dates.

IF LABEL SAYS DANGER OR POISON...

The product is highly toxic, corrosive, or extremely flammable.

IF LABEL SAYS WARNING OR CAUTION...

The product is moderately or slightly toxic.

If you don't have a car or are moving, ask a friend, relative, or neighbor to bring your items to the next collection event. For an immediate option, call Clean Harbors, based in Braintree, at (800) 282-0058.

MERCURY

Do not throw products with mercury in the trash. Mercury pollutes our water and air and is dangerous to wildlife and humans. Bring mercury items to our Drop-Off Center or to the next hazardous collection event:



Fluorescent Bulbs (Straight, Compact, U-Shaped or Circular) No fixtures or incandescent bulbs. Bring in replacement packaging. Do not tape together or crush.

Mercury Thermometers & Thermostats

Place in tightly sealed plastic bag. Do not crush. No alcohol or digital thermometers. Free digital thermometers while supplies last!



Next time, choose non-toxic, biodegradable alternatives!

Repair Items in Good Condition



In a lifetime, the average American will throw away 600 times their adult weight in garbage. This means that each adult will leave a legacy of 90,000 lbs. of trash for the next generation. Don't be average.

REDUCE, REUSE, RECYCLE!

Look in the yellow pages for companies that repair common household items such as:



- Air Conditioners & Heaters
- Appliances
- Audio Video Equipment
- Bathtubs & Sinks (Reglazing)
- Bicycles
- Shoes
- Cameras, VCRs, Stereos
- Carpet & Rugs
- Clothing
- Coffee Makers
- Computers
- Door & Window Screens
- Exercise/Fitness Equipment
- Fans
- Furnaces
- Furniture (Refinishing & Upholstery)
- Gas Burners
- Golf Equipment
- Ice Skates
- Lamps
- Lawn Mowers
- Lighting Fixtures
- Luggage
- Musical Instruments
- Phone Equipment & Systems
- Safes & Vaults
- Sewing Machines
- Snow blowers
- Televisions
- Tires (Retreading)
- Tools Repair & Parts
- Typewriters
- Vacuum Cleaners

Choose to repair things. You will delay future purchases and save money. Next time, buy a durable, repairable model with a good warranty.

Living Green in Cambridge

BUY PRODUCTS MADE FROM RECYCLED MATERIALS

“Close the loop” and purchase products made from materials you recycle every day.

Check for “post-consumer” recycled content in:

- Paper – toilet paper, paper towels, tissues, computer paper;
- Plastic – fleece clothing, trash bags;
- Home – carpet, furniture, appliances;
- Home repair – siding, asphalt/felt or aluminum shingles, wallboard, ceiling, doors;
- Lawn and garden – bird feeders, landscape timbers, planters, hoses;
- Automotive – parts, ice scrapers, oil pans.



USE NON-TOXIC PRODUCTS

Reduce your use of hazardous chemicals.
Choose biodegradable, non-toxic products.

Here are some ideas:

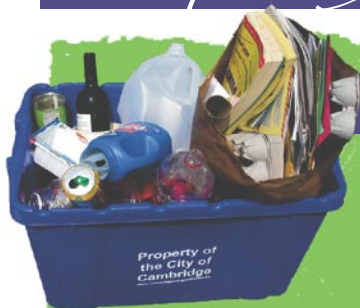
- Buy natural pesticides or create your own. Baking soda, lemon juice, vinegar, and club soda can be combined to clean everything from carpets to toilet bowls.
- Buy products with plant-based cleaners, such as citrus.
- Buy non-toxic inks and art supplies.
- Buy natural alternatives to pet flea and tick remedies.

DRY CLEANERS

Use dry cleaners that don't use perchloroethylene, (known to increase the risk of cancer):

- Ecoluxe (Organic)
350 Longwood Ave, Boston, (617) 566-2855
1018 Beacon St, Brookline, (617) 232-2658
- Zoots (PERC-free)
Porter Square Shopping Center, Cambridge
(617) 864-5374
- Utopia Cleaners (Wet)
1370 Massachusetts Ave, Arlington,
(781) 648-4783

Recycling in Cambridge



BINS

Live in a building with 12 units or less?

Leave your bin for the next tenant.

Need a bin?

Pick one up at Public Works during regular business hours or Drop-Off Center hours. Or, we'll deliver it to you. Email bluebins@cambridgema.gov or call (617) 349-4800.



TOTERS

Live in a building with 13 units or more?

The City provides free recycling toters, curbside collection, and assistance to increase participation. We have fliers in 11 different languages for tenants and maintenance staff.

If you are a homeowner and recycle a lot, you may be eligible for a recycling toter for paper. Recycling toters come in 96 or 64 gallons.



Concerned about recycling in your building?

Speak with your property manager or call (617) 349-4836.

Remember, ***recycling is the law in Cambridge***, so property owners and management companies are required to provide recycling for their tenants.

Bringing Others on Board

Bringing Others on Board



Do you want to talk to your roommates, neighbors, friends, or relatives who throw out their recyclables?

Consider that changing behavior may be easy for one person but difficult for another. It is most effective to influence people by communicating in person. Be patient and remember:

- Recycling must be easy and accessible.
- Listen first. Find out what motivates them (economics, environment or social issues).
- Understand their perceived barriers and benefits to recycling and not recycling.
- Be positive. Talk about your own experiences and what has motivated and worked for you.
- Keep feedback simple and friendly.
- Give specific instructions rather than general statements.

*Save Time and Money.
Stop accumulating stuff!*

BEFORE YOU BUY SOMETHING, ASK YOURSELF:

- Do I need it?
- Could I borrow it from a friend, neighbor, or family member?
- Do I have anything that can substitute for it?
- Is it easily maintained or does it need to be dry-cleaned?
- Can I repair or upgrade it if it breaks?
- Is it made of renewable resources?
- How long will I have to work to pay for it?
- Is it non-toxic?



Reduce the stress and clutter in your life by renting items that you only need to use once. Buy used items and lessen the demand for resources! Look in the yellow pages for companies that rent items or sell used items.

BUY IT USED!



- Bicycles
- Building Materials
- Carpets & Rugs
- CDs Tapes & Records
- Clothing
- Computers
- Electric Equipment & Motors
- Musical Instruments
- Office Furniture & Equipment
- Pianos
- Rare & Out of Print Books, Magazines
- Safes & Vaults
- Scales



*Save Time and Money.
Stop accumulating stuff!*

RENT IT!

- Appliances
- Audiovisual Equipment
- Beds
- Bicycles
- Camping and Backpacking Equipment
- Canoes & Kayaks
- Carpet & Upholstery Cleaning Equipment
- China & Glassware
- Computers & Equipment
- Costumes
- Furniture
- Gowns, Tuxedos & Formal Wear
- Motorcycles & Motor Scooters
- Movies (DVD or VHS)
- Musical Instruments & Sound Equipment
- Office Furniture & Equipment
- Phone Equipment & Systems
- Photographic Equipment & Supplies
- Pianos
- Scales
- Skateboard, Inline Skates & Skating Equipment
- Ski Equipment & Snowboards
- Tables & Chairs
- Televisions
- Tools
- Video Equipment & Supplies
- Video Games
- Wallpaper Removing Equipment
- Wheelchairs

Web Resources

www.cambridgema.gov/theworks

A one-stop shop for information on all of the City's recycling programs.

www.cambridgema.gov/traffic

Permit information for moving vans, dumpsters and residential parking. Details on temporary "no parking" situations: signs, visitor parking, street cleaning, finding a towed car, and snow emergencies.

www.craigslist.org

A non-commercial community bulletin board with free classifieds and discussion forums.

www.ebay.com

The world's "online marketplace," enabling trade on a local, national, and international basis.

www.ecomall.com

Shop with a consciousness in Ecomall's green marketplace.

www.freecycle.org

A global grassroots movement of people who are giving & getting stuff for free in their own towns.

www.greenpages.org

The nation's only directory of screened and approved green businesses.

www.mass.gov/dep/recycle/cdhome.htm

A list of resources for recycling construction and demolition debris.

www.newdream.org

The Center for a New American Dream helps Americans consume responsibly to protect the environment, enhance quality of life, and promote social justice.

www.tightwad.com

Dedicated to consumer economics empowerment. Money Secrets. Savings. Frugality. Freebies.

Recycling & Trash Guidelines

Missing your RECYCLING & TRASH GUIDELINES?

Contact us at: (617) 349-4800

or visit: www.cambridgema.gov/theworks

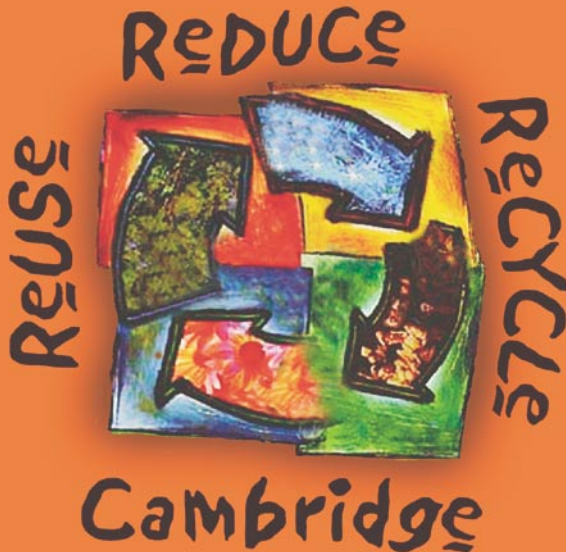
Missing your MAP OF CAMBRIDGE?

Pick one up at City Hall or Public Works, or visit
www.citymap.com

RECYCLING DROP-OFF CENTER:

Open hours: Tues/Thurs 4-7:30pm and Saturdays 9-4pm. Located in the rear of the Public Works yard, 147 Hampshire Street. (When the Drop-off Center is closed, the public may not enter the DPW yard.)

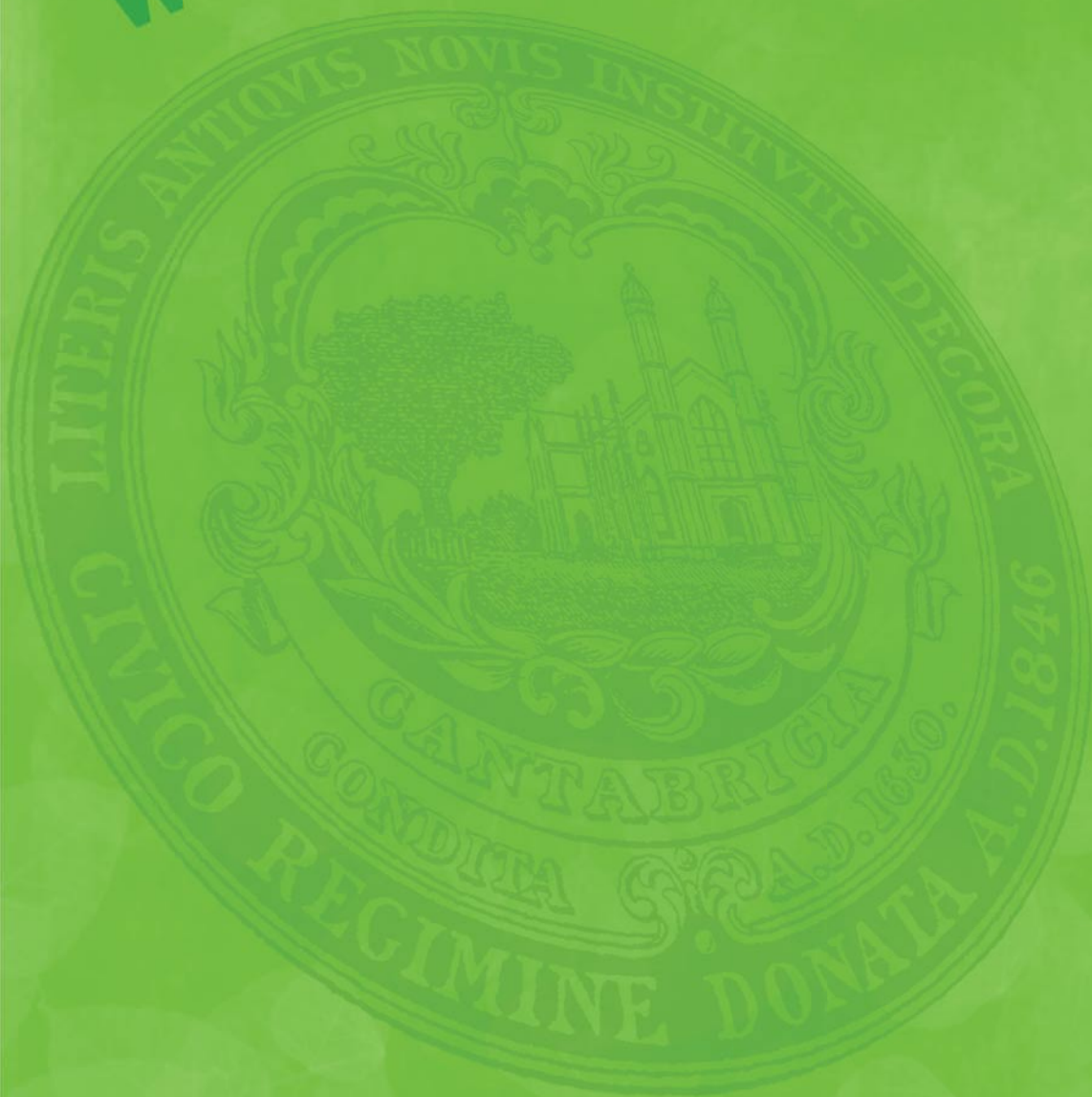
We accept: books, cans & bottles, cardboard, clothing, flags, fluorescent bulbs, mercury devices, motor oil, non-alkaline batteries, paper, packaging peanuts, plastic bags, and small household appliances (no monitors or TVs).



CAMBRIDGE
DEPARTMENT
OF PUBLIC

THE WORKS

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